

SEPTEMBER 2016

Blessed Sacrament School Cafeteria

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5 No School Labor Day	6 Teriyaki Chicken Brown rice Asian vegetables Mandarin oranges Choice of milk	7 Cheese filled breadsticks Marinara sauce Spinach salad with cherry tomatoes Watermelon Choice of milk	8 Soft chicken taco Seasoned black beans Sidekick frozen fruit cup Choice of milk	9 Mini corn dogs Ketchup Orange glazed carrots Assorted fruit Choice of milk
12 Hot dogs Celery & carrots sticks Dip Pineapple Choice of milk	13 Taco Tuesday Ground turkey soft tacos Seasoned black beans Fruit cocktail Choice of milk	14 Mini meatball subs Tossed romaine salad Ranch dressing Apple sauce Choice of milk	15 Chicken patty sandwich Barbecue sauce Frozen peas Fresh pears Choice of milk	16 Pepperoni & Cheese mini bagels Baby carrots Assorted fruit Choice of milk
19 Cheese filled ravioli Marinara sauce Frozen broccoli Diced pears Choice of milk	20 Grilled Cheese Sandwich Tomato soup Orange slices Choice of milk	21 Pepperoni pizza Corn Diced peaches Choice of milk	22 Chicken nuggets Barbecue sauce, ketchup Green beans Grapes Choice of milk	23 Turkey & Ham Deli Sub Mustard & low fat mayo Carrot & Celery sticks Hummus Pineapple Choice of Milk
26 Catholic Schools Week Grilled chicken sandwich Ketchup, tomato slice, onion slice Coleslaw Fresh apple Choice of milk	27 General Tso's Chicken Brown rice Frozen broccoli Fresh pear Choice of milk	28 Chicken & noodle rotini Baby carrots Diced peaches Whole grain roll Choice of milk	29 Mass with the Bishop Cafeteria closed Details to come.	30 Turkey sausage links Tossed salad with croutons Ranch dressing, ketchup Banana Choice of milk

News

If your child arrives late to school, please remind them to notify the cafeteria if they require a lunch.

Menu may change due to weather delays or cancellations.

Cost of Lunch:

Children: \$2.75

Adult: \$3.00

Additional items for purchase:

Milk .55 cents

Extra Entrée \$1.00

Alternate Entrée:

Chef's Salad

We cannot guarantee trace values of allergens due to manufacture productions, alterations, substitutions or recipe changes.

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